



Sample Schedule: Discoverers (1st & 2nd Grade)

Below is a sample schedule of activities for a typical week. All activities are geared to camper age and ability. Lower camp groups generally include 10-15 children and 3 staff members. Classes typically include art, sports, nature, music, Israeli adventure, and sports. Campers swim daily, with an instructional swim period in the morning where we focus on skill development and a free swim period in the afternoon where we focus on fun. Friday afternoons feature theme days, guest performers, and Shabbat celebrations with singing, challah and blessings.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 - 9:30	ARRIVAL & FLAGPOLE				
1	9:30 - 10:10	LOW ROPES	SOCCER	MUSIC	LOW ROPES	T.G.I. SHABBAT!
2	10:15 - 10:55	INSTRUCTIONAL SWIM				
3	11:00 - 11:40	ART	ISRAELI ADVENTURE	BASEBALL	GAGA	MUSIC
4	11:45 - 12:30	LUNCH				BBQ LUNCH
5	12:35 - 1:20	NATURE	CHOICE	CHOICE	HOCKEY	FLAG FOOTBALL
6	1:25 - 2:05	FREE SWIM				ALL CAMP FREE SWIM
7	2:10 - 2:50	BASKETBALL	MUSIC	ART	PLAYGROUND	
8	2:55 - 3:35	DANCE PARTY	TAG	ISRAELI ADVENTURE	BRACELET MAKING	GAME ROOM
	3:40 - 4:00	FLAGPOLE, SNACK, DISMISSAL				

Schedules are tentative and are subject to change.