



Sample Schedule: Challengers (3rd & 4th Grade)

Below is a sample schedule of activities for a typical week. All activities are geared to camper age and ability. Upper camp groups generally include 10-15 children and 2 staff members. Classes typically include art, sports, nature, music, Israeli adventure, and sports. Campers swim daily, with an instructional swim period in the morning where we focus on skill development and a free swim period in the afternoon where we focus on fun. Friday afternoons feature theme days, guest performers, and Shabbat celebrations with singing, challah and blessings. Campers are able to choose their own activities during the week so they can focus on areas they enjoy most.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 - 9:30	ARRIVAL & FLAGPOLE				
1	9:30 - 10:10	INSTRUCTIONAL SWIM				
2	10:15 - 10:55	ARCHERY	PLAYGROUND	GAME ROOM	HOCKEY	ART
3	11:00 - 11:40	ISRAELI ADVENTURE	BASEBALL	SOCCER	ART	T.G.I. SHABBAT!
4	11:45 - 12:30	LUNCH				BBQ LUNCH
5	12:35 - 1:20	BASKETBALL	CAPTURE THE FLAG	MUSIC	CARD GAMES	ISRAELI ADVENTURE
6	1:25 - 2:05	FREE SWIM				ALL CAMP FREE SWIM
7	2:10 - 2:50	ROPES COURSE	CHOICE	GAGA	CHOICE	
8	2:55 - 3:35			KICK THE CAN		FLAG FOOTBALL
	3:40 - 4:00	FLAGPOLE, SNACK, DISMISSAL				

Schedules are tentative and are subject to change.